BREAKFAST

Shakshuka

Shakshuka 46

Fresh tomatoes, peppers & onions in a pan, with a spicy seasoning, served with a green salad

Spicy shakshuka 48

hot pepper rings & Bulgarian cheeze

Balkan shakshuka 48

eggplant & goat feta cheeze



VEGAN BREAKFAST

Cold Salad couscous 29

seasoning herbs, chopped tomatoes & cucumbers & pickled lemons

Vegan tofu Shakshuka 46

Served with salad, bread & tahini

Eggplant Carpaccio 29

With tahini & olive oil

Nature muesli 31

Granola, soy, season's fruit, tahini & homemade jam

All natural carrot juice 18

Fruit Smoothie
Banana & Mango (0.5 l') 30

Freshly Baked Morning Pastries 15

Chocolate / butter croissant, served with butter & our house jam

Adelina Cream 31

Eggplant cream served with our house rolls

Easy Morning 24

Chocolate / butter croissant / our house rolls served with butter, jam & a hot beverage

A Penguin Morning (For one) 56

2 eggs done to your liking, our house rolls, an assortment of cheese & spreads served on a platter & a fresh vegetable salad, freshly squeezed juice & coffee

A Penguin Morning (For two) 98

2 egg dishes done to your liking, our house rolls, an assortment of cheese & spreads served on a platter & a fresh vegetable salad, two soft drinks of your choice, two coffees of your choice

Healthy Morning 54

2 eggs done to your liking, light bread, low-fat cheese platter, green salad, carrot juice & a tea of your choice

Excellent Herring 24

Fresh rings of onion, English pepper (allspice) & pickled lemons

Muesli 28

Yogurt, granola, & honey

Smoked Salmon Platter 46

Slices of smoked salmon on a bed of fresh vegetables, served with cream cheese, hard-boiled egg and our house rolls

SWEETS

Waffles 22

Hot maple & chocolate with whipped cream ...

Cheese Blintzes 36

Cinnamon & raisins served ===: with whipped cream :===

BEVERAGES



HOT

Ilan Café 11

Short Espresso / Macchiato 9

Double Espresso / Macchiato 11

Cappuccino small / large 12/14

Americano 12

Filter coffee 14

Instant coffee 12

Instant coffee based

on milk/ hot chocolate 14

Cappuccino / Choko-ccino 15

Hot thick chocolate 17

Irish coffee 27

Hot cider with a cinnamon stick 17

Tea / herbal tea 11/13

A pot of tea infusion 17

COLD BEVERAGES

Coca Cola / D. Coke / Sprite / D. Sprite / Fanta grapefruit juice / d. grapefruit juice peach Fuze Tea / flavored bottled water

apple juice / grape juice 13

Soda / bottled mineral water 9

Freshly squeezed orange juice lemonade / red grapefruit - glass/ pitcher 14/32

Lemonade with crushed

mint leaves - glass/ pitcher 19/34

Fruit smoothie, 500 ml. 30

All natural carrot juice 18

Cold chocolate milk / iced tea / iced coffee **15**Iced chocolate milk / Coffee with ice cream

whipped cream 24